

Sustainable Living Guide

DECEMBER | CELEBRATE A GREENER HOLIDAY



As we enter the holiday season, you may be wondering how to reduce your environmental impact while still enjoying your favorite traditions. The good thing is there's no need to worry! From eco-friendly wrapping paper to DIY gifts, there are plenty of ways to stress less about your footprint and focus on the important things, like spending time with family and friends and creating lasting memories.



DIY DELIGHTS & MINDFUL DECORATIONS

Get creative with handmade gifts that showcase your thoughtfulness. From knitted scarves to personalized photo albums, DIY gifts add a personal touch while minimizing the environmental impact associated with mass-produced items.

Opt for ornaments made from sustainable materials or make your own with items from nature like pinecones and twigs.

ECO-FRIENDLY WRAPPING

Recycling wrapping paper can be complicated, and it's best to check with your local recycling facility.

- **Generally Recyclable** - wrappings that are 100% paper.
- **Not Recyclable** - paper with a thin layer of plastic or any lamination. Non-paper adornments, like glitter, foil, metallic decorations, ribbons, baubles, bows or tape.

We encourage you to choose sustainable alternatives like recycled paper, fabric or reusable gift bags when possible. You can also incorporate natural elements like twine, pinecones or dried flowers for a festive touch.



CONSCIOUS CONSUMPTION & GIVING BACK

When shopping for your holiday feast, incorporate local and organic ingredients. Supporting local farmers and markets reduces the carbon footprint by eliminating long-distance shipping, ensures fresh produce for your festive meals and helps your community directly.

To further help your community, consider making a donation to a local charitable organization on behalf of your loved ones. Many charities offer symbolic gifts that support various causes, allowing you to give back in a meaningful way.



This holiday season, let's celebrate with intention by making choices that align with our commitment to a sustainable and resilient future. By incorporating these practices into our festivities, we can create lasting memories while caring for the planet we call home. Wishing you a joyous and green holiday season!